



## 16PF® Karson Clinical Report

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Name: Sample Female  
Age: 33  
Gender: Female  
Date Assessed: 06/11/2013

### Norm Group Combined-Gender



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## INTRODUCTION

This confidential report is designed for use by appropriately qualified professionals. The presentation of information is compact and the language of the report is technical. It was not intended to be used for client feedback.

This report is based on the 16PF Questionnaire, which is a measure of normal personality. The report's narrative interprets the 16PF scales in light of issues relevant for counselors and clinicians. Normal personality traits can bring individuals to a clinician's office for several reasons, including a mismatch between the trait and the person's circumstances, or a mismatch or conflict between two normal traits within the individual. For most people, even if they have a diagnosable symptom, that problem unfolds in the context of their normal personality traits, and having an understanding of normal personality traits can thus facilitate treatment. This report should not be used to diagnose pathology, which requires pathology-oriented measures and/or psychodiagnostic interview, but it can be used to put pathology in context by examining the nonpathological traits of the individual.

**The report is intended to be used in conjunction with professional judgment. The statements it contains should be viewed as hypotheses to be validated against other sources of data. Personality test data should be regarded with caution when the data are over one year old or after the occurrence of a major life event. In these instances, it is recommended that the client be retested. All information in this report should be treated confidentially and responsibly.**

For additional information about the report and its contents, please refer to the "Manual for the 16PF® Karson Clinical Report," available through IPAT.

## **PROFILE**

### **RESPONSE SET SCORES**

The infrequency index was within expected limits, indicating that Ms. Female read the items carefully and understood what was required. The impression of herself that she projected on the testing is more positively-toned than is often seen. This is understandable, especially under certain testing circumstances, such as a job application, and may even reflect good judgment and a motivation to do well. Still, some of the positive inferences drawn about her may have been based on a possible effort to look good, and therefore may be somewhat exaggerated.

### **EMOTIONAL ADJUSTMENT**

Ms. Female exhibits somewhat above average ego strength, implying that response tendencies described in this report can generally be modulated or deferred to suit the occasion. Emotional stability is suggested, along with adequate frustration tolerance. Her actual behavior in specific situations may not always reflect her underlying personality traits, as she exhibits an ability to defer needs when necessary and to manage conflicting agendas. She shows clear signs of global emotional adjustment. In general, she can be expected to maintain a steady and resilient identity across many different kinds of situations. Life seems to her to be potentially positive and gratifying, so she does not try to ignore it when problems arise. Thus, avenues of escape usually hold little appeal for her, and she is less likely than many people to develop symptomatic behavior under stress. She has a firm sense of self, which structures and directs her responses to events; she is not overly susceptible to variations in self-concept, and her focus is not easily swayed by changes in mood. She does not seem to be a particularly apprehensive or guilt-prone individual. No problems with tension are immediately apparent.

### **INTERPERSONAL ISSUES**

Ms. Female is comfortable with the spotlight on herself, which gives her a chance to satisfy her need to make an impression on other people. Since she likes being the center of attention, she can be socially bold when necessary, initiating interpersonal contact and seeking challenges in her interpersonal environment.

Her preference is for direct, forthright communication where all parties are open, honest, and even blunt. Her artlessness can be a strength in conversations where information is more important than tact.

She is oriented toward working in groups more than most people are, and in general she can be considered a team player. When confronted with a situation that requires independent action she may be hesitant to act alone. Her desire to do things with others may lead her to defer her personal agenda in favor of the group's.

No problems with underlying hostility are apparent. She seems fairly adaptable to and trusting of others, and she is no more likely to become blaming and suspicious than most people. She is not always overreacting to minor slights to her sense of importance. She appears to be about average on warmth and assertiveness. She shows about as much concern for others as the average person. She is not especially submissive, and she stands up for herself and for her ideas in groups about as much as most people.

## **SELF-CONTROL**

She shows signs of self-control, group conformity, and conscientiousness. She is aware of conventional standards of behavior and tries to live up to them. On the whole, then, social reinforcers like praise and the avoidance of disapproval are likely to be effective motivators for her. Furthermore, her acceptance of societal norms can provide her with guidelines to steer her past occasional temptations. She is a somber person who takes things quite seriously. At times, this reflects a sense of maturity, enabling her to play a stabilizing role in various situations. At other times, her attitude may seem pessimistic to others, dampening their enthusiasm.

She is not a particularly organized or orderly person. She does not always bother with details, and she may be too susceptible to the influence of recent events. She may have a tendency to make decisions before all the facts are in. Her relative paucity of good habits to fall back on when necessary can leave her vulnerable to emotional distress.

## **COGNITION AND COMMUNICATION**

She demonstrates above average abstract reasoning ability, with a capacity for grasping concepts and processing complicated information.

She is no more sensitive and thin-skinned than most people, and no more tough-minded either. She does not neglect emotions, but neither is she inclined to sacrifice outcome for a smooth process. She is an imaginative and idea-oriented person, who may be able to generate solutions that go beyond the needs of the immediate situation. However, she may not always monitor the practical consequences of ideas before embracing them. She can get caught up in valuing ideas for reasons other than their utility.

She reports being open to change to an unusual degree, actively seeking out novel experiences and new approaches. This implies flexibility, and does not necessarily mean she is ready to reject proven solutions just because they are not new. However, she may need to learn not to change course in some spheres just because it might be interesting to do so.

## **AREAS TO EXPLORE**

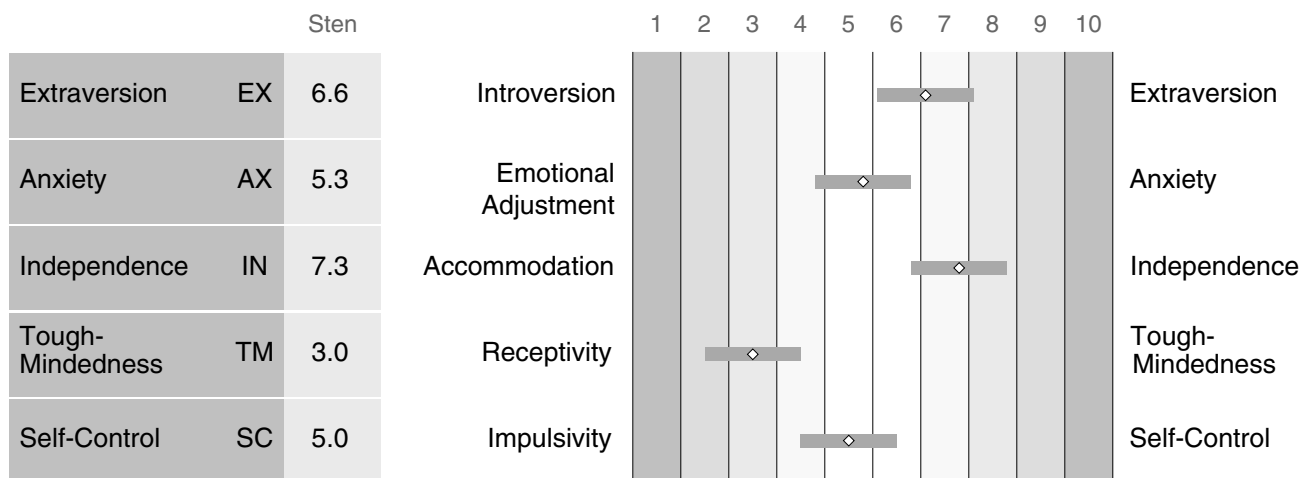
Certain scores on selected scales typically bear exploration in the clinical dialogue. However, this profile did not yield any such scores.

## Validity Scores

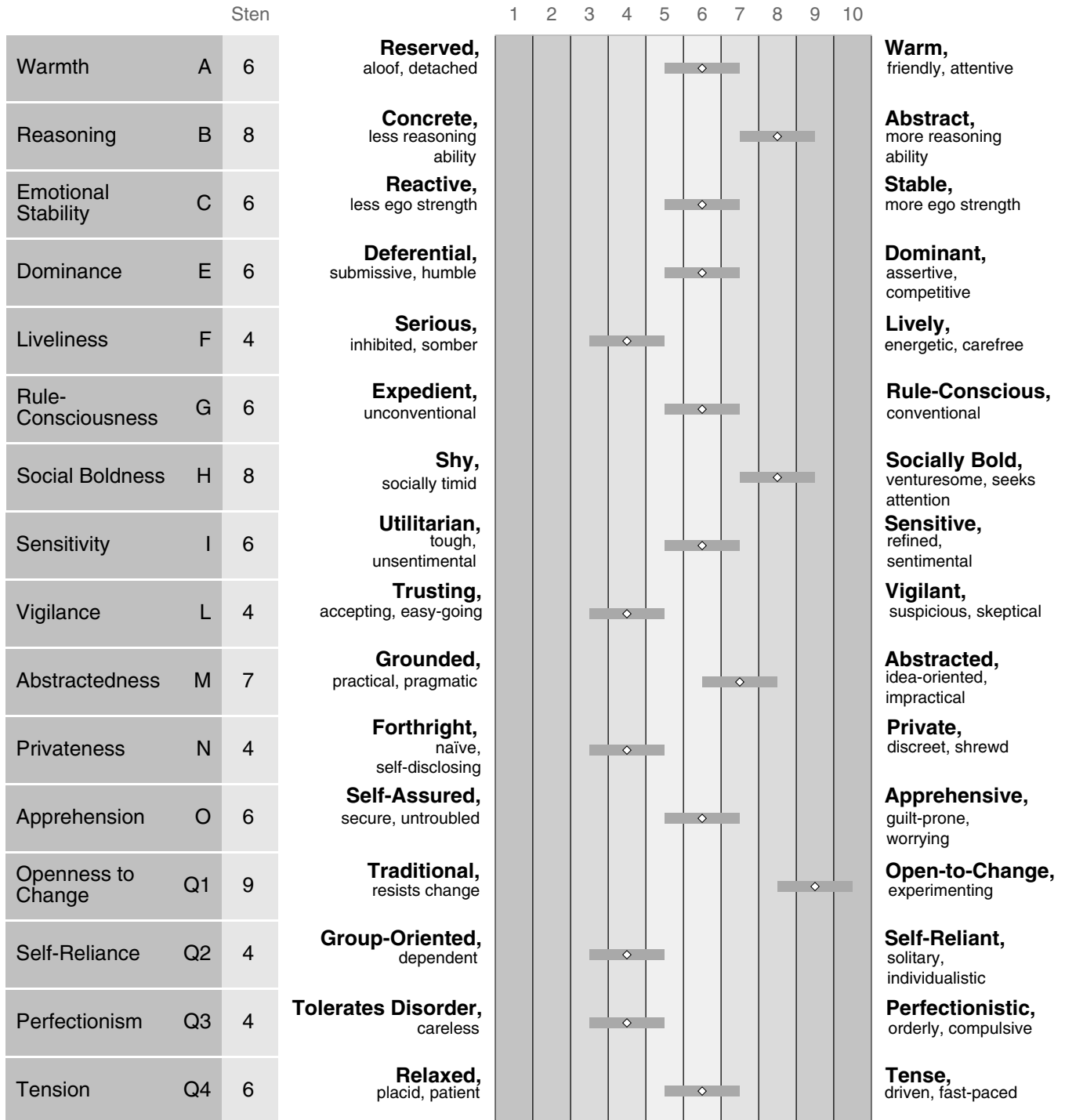
Index	Raw Score	Percentile	Description
Impression Management	19	91%	High
Infrequency	0	55%	Within expected range
Acquiescence	51	25%	Within expected range

Impression Management score is elevated; other indices within expected range.

## 16PF Global Factors



## 16PF Primary Factors



## SUMMARY STATISTICS

Number of a-responses	=	81 out of 170	48%
Number of b-responses	=	16 out of 170	9%
Number of c-responses	=	73 out of 170	43%
Number of missing responses	=	0 out of 185	0%

Factor	A	B	C	E	F	G	H	I	L	M	N	O	Q1	Q2	Q3	Q4	IM	IN	AC
Raw Scores	17	14	18	15	9	17	19	16	6	13	7	13	26	3	8	12	19	0	51
Missing Items	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

### End of Report

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