



# MCCI™

## MILLON™ COLLEGE COUNSELING INVENTORY

by Theodore Millon, PhD, DSc, Stephen N. Strack, PhD, Carrie Millon, PhD, and Seth Grossman, PsyD



A MULTIDIMENSIONAL PSYCHOLOGICAL  
ASSESSMENT DESIGNED SPECIFICALLY  
FOR COLLEGE STUDENTS

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# MCCI™

## DESIGNED WITH COLLEGE STUDENTS IN MIND

A growing pressure to succeed, greater financial stress, and easier access to drugs and alcohol are just some of the factors leading to a significant rise in the complexity and severity of psychological problems reported by today's college students.

The MCCI test, developed primarily by Dr. Theodore Millon, offers the first multidimensional personality inventory specifically designed to help you identify and address psychological concerns of the college population.

Brief and easy to administer, this practical tool can help psychologists and college counselors to:

- Confirm personality and diagnostic hypotheses
  - Monitor treatment interventions and assess outcomes
  - Document students' problematic tendencies and concerns
  - Develop personalized treatment planning
  - Make appropriate referrals to outside clinics
  - Guide recommendations related to *DSM-IV™* criteria
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## THE MCCI TEST DELIVERS:

### College-Specific Content

A counseling-focused instrument, the MCCI test incorporates a number of themes closely associated with students facing the stresses of college life, such as peer alienation, academic concerns, and career confusion.

### Time-Saving, Cost-Efficient Approach

Taking 25 minutes or less to complete, the MCCI test enables you to assess a broad range of factors using one instrument—eliminating the need to administer a battery of tests.

### Relevant Norms

The MCCI test is exclusively normed on college and university students, presenting an appropriate comparison group. Encompassing individuals ages 16–40, the normative base accommodates older students who are now typical on college campuses.

### Targeted Analysis

The MCCI test includes a detailed interpretive report based on individual test results. This valuable component highlights personality styles, critical concerns, and treatment strategies that address the issues most frequently reported by college students, such as depression and anxiety.

## MCCI SCALES

### Response Tendencies

- V Validity
- X Disclosure
- Y Desirability
- Z Debasement

### Personality Styles

- 1 Introverted
- 2A Inhibited
- 2B Dejected
- 3 Needy
- 4 Sociable
- 5 Confident
- 6A Unruly
- 7 Conscientious
- 8A Oppositional
- 8B Denigrated

### Severe Personality Tendencies

- 9 Borderline

### Expressed Concerns

- A Mental Health Upset
- B Identity Quandaries
- C Family Disquiet
- D Peer Alienation
- E Romantic Distress
- F Academic Concerns
- G Career Confusion
- H Abusive Experiences
- I Living Arrangement Problems
- J Financial Burdens
- K Spiritual Doubts

### Clinical Signs

- AA Suicidal Tendencies
- BB Depressive Outlook
- CC Anxiety/Tension
- DD Post Traumatic Stress
- EE Eating Disorders
- FF Anger Dyscontrol
- GG Attention (Cognitive) Deficits
- HH Obsessions/Compulsions
- II Alcohol Abuse
- JJ Drug Abuse

### Noteworthy Responses

- Risky Behaviors
- Homesickness
- Expectation Pressures
- Escapist Distractions
- Minority Prejudice
- Somatic Concerns
- Reality Distortion
- Abuse Concerns
- Dieting Issues
- Mood Disturbance
- Trauma Symptoms
- Substance Abuse
- Loneliness/Alienation

# LEARN MORE ABOUT THE MCCI TEST AT NO CHARGE!

## FREE TRIAL:

Includes everything you need for one test administration and to receive a complimentary report.

## FREE TRAINING CD\*:

Contains three lectures on the development, use, and interpretation of the test.  
Earn up to three CE credits\*\*

\*The training CD is free. CE credits are available for \$15 per lecture for a total of \$45 for all three on the CD. To obtain credit, applicants must be qualified to administer the MCCI test and obtain a passing score on each lecture's assessment.

\*\*Pearson is approved by the American Psychological Association to provide continuing education for psychologists. Pearson maintains responsibility for this program and its content. See website for details: [www.pearson.com/training/index.asp](http://www.pearson.com/training/index.asp).

## ABOUT THE PRIMARY AUTHORS

**Theodore Millon, PhD, DSc**, was founding editor of the *Journal of Personality Disorders* and inaugural president of the International Society for the Study of Personality Disorders. He has held full professorial appointments at Harvard Medical School, the University of Illinois, and the University of Miami. Among his professional activities, he is the primary developer of the Millon inventories. A prolific author, Professor Millon has written or edited more than 30 books, including *Disorders of Personality*, soon to be published in its third edition, and the recently published *Millon Inventories: A Practitioner's Guide to Personalized Clinical Assessment, Second Edition*. APA and APF have established the Theodore Millon Award for mid-career distinguished scholars in personality psychology. With the support of colleagues and Pearson, Professor Millon serves as dean and scientific director of the Institute for Advanced Studies in Personology and Psychopathology.

**Stephen N. Strack, PhD**, is assistant director of training at the VA Ambulatory Care Center, Los Angeles, CA, clinical professor of psychology at Alliant International University and Fuller Graduate School of Psychology, and a board member of the Millon Institute of Advanced Studies in Personology and Psychopathology. Author or editor of seven books and manuals and more than 50 research publications, Dr. Strack has developed or codeveloped seven assessment measures for applied and research settings. Over the past 20 years, much of his research has focused on validating Theodore Millon's comprehensive model of personality as it applies to counseling and normal populations



The full selection of Millon™ clinical inventories is available from Pearson, including:

**MCMI-III™**  
(Millon Clinical Multiaxial Inventory)

**MBMD™**  
(Millon Behavioral Medicine Diagnostic)

**MACI™**  
(Millon Adolescent Clinical Inventory)

**M-PACI™**  
(Millon Pre-Adolescent Clinical Inventory)

**MAPI™**  
(Millon Adolescent Personality Inventory)

**MIPS® Revised**  
(Millon Index of Personality Styles Revised)

## INFORMATION

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