



# MACI™

## MILLON™ ADOLESCENT CLINICAL INVENTORY

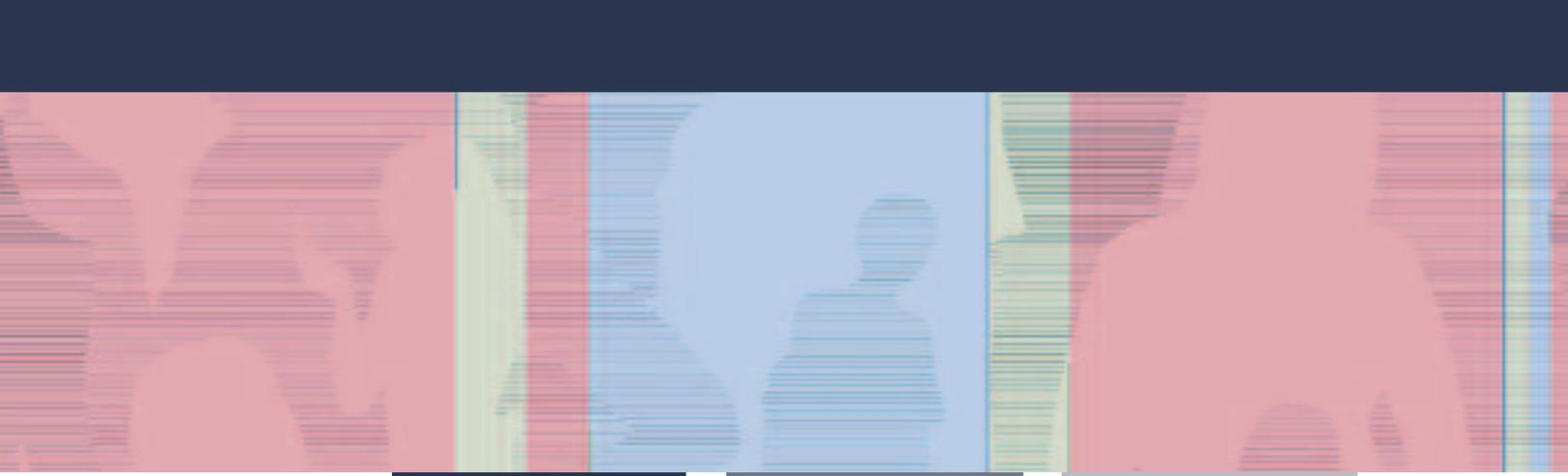
by Theodore Millon, PhD, DSc, with Carrie Millon, PhD, Roger Davis, PhD, and Seth Grossman, PsyD



PROBING BENEATH THE POSE

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# MACI™

## GETTING TO THE REAL STORY WITH TROUBLED TEENS

The sullen gaze. The blank stare. The practiced smile. As a professional who treats teens, you know the uniquely adolescent poses they adopt to mask underlying problems. And, you know the unique challenges they may be facing at this stage of life—from peer pressure to family dynamics, from substance abuse to suicidal tendencies.

Designed for use with adolescents, the MACI test can help you uncover difficulties that may prevent your young clients from making the most of these important years. This dedicated tool, which has been enhanced by the addition of the Grossman Facet Scales, helps assess teens' personality patterns as well as their self-reported concerns and clinical symptoms. The information revealed by the MACI test can assist you in constructing treatment plans customized to individual needs—and help you guide troubled youth toward healthier, more authentic lives.

### Useful in all teen treatment settings

Whether you are working with teens in an outpatient, inpatient, day treatment or residential treatment setting, the MACI test is well-suited to your needs. A wide variety of mental health professionals, including psychologists, psychiatrists, school psychologists and juvenile justice professionals, find this versatile instrument essential in helping to:

- Conduct detailed evaluations to confirm diagnostic hypotheses
- Create individualized treatment plans
- Measure progress when used before, during and after treatment

“ The MACI test has proven to be a very sensitive instrument that reliably and accurately offers helpful clinical information for youths in our court evaluation program. The MACI test provides a meaningful framework for thinking about youth in general and useful insight into our individual clients. The narrative report captures some essential truth about the youth we work with—it is startling how this test can be so revealing. ”

*Mark Lukin, PhD  
Child Guidance Center, Lincoln, NE*



## Focused on adolescent problems

Unlike many other instruments developed for adults and adapted for adolescents, the MACI™ assessment was created only with teens in mind. Using an age-appropriate format, the MACI test helps measure a number of factors closely associated with adolescents, including Peer Insecurity, Sexual Discomfort, Body Disapproval, Eating Dysfunctions, and Substance Abuse Proneness.

## Built on age-specific norms

The normative population of the MACI test consists exclusively of clinical adolescent patients, offering relevant comparisons. The delineation of four distinct norm groups further enhances the test's usefulness:

- *Males 13–15 years old*
- *Females 13–15 years old*
- *Males 16–19 years old*
- *Females 16–19 years old*

## Teen-targeted recommendations

Based on individual test results, the MACI interpretive report provides an in-depth analysis that brings critical concerns to light—and includes treatment strategies specifically developed to address teen-related issues. In addition, diagnostic recommendations are aligned with *DSM-IV*® classifications, helping to ensure the test's clinical utility and facilitate communication among practitioners.

## A brief tool for busy teens

Taking 30 minutes or less to complete, the MACI test is designed to obtain the maximum amount of information with a minimal amount of the test-taker's effort—a feature that mental health professionals have found especially helpful in working with adolescents.

## NEW GROSSMAN FACET SCALES:

### ENABLING MORE PRECISE TREATMENT PLANS

To help you formulate more insightful interpretations of test results, the new Grossman Facet Scales identify personality processes (e.g., self-image, mood temperament) that underlie overall scale elevations on the MACI Personality Pattern scales. Each MACI personality scale now has three facet scales, for which results are presented in the automated reports.

## GROSSMAN FACET SCALES FOR THE MACI TEST

### Personality Patterns and Corresponding Grossman Facet Scales

#### Scale 1 Introversive

- Scale 1.1 Expressively Impassive
- Scale 1.2 Temperamentally Apathetic
- Scale 1.3 Interpersonally Unengaged

#### Scale 2A Inhibited

- Scale 2A.1 Expressively Fretful
- Scale 2A.2 Interpersonally Aversive
- Scale 2A.3 Alienated Self-Image

#### Scale 2B Doleful

- Scale 2B.1 Temperamentally Woeful
- Scale 2B.2 Expressively Disconsolate
- Scale 2B.3 Cognitively Pessimistic

#### Scale 3 Submissive

- Scale 3.1 Interpersonally Docile
- Scale 3.2 Temperamentally Pacific
- Scale 3.3 Expressively Incompetent

#### Scale 4 Dramatizing

- Scale 4.1 Interpersonally Attention-Seeking
- Scale 4.2 Gregarious Self-Image
- Scale 4.3 Cognitively Flighty

#### Scale 5 Egotistic

- Scale 5.1 Admirable Self-Image
- Scale 5.2 Cognitively Expansive
- Scale 5.3 Interpersonally Exploitive

#### Scale 6A Unruly

- Scale 6A.1 Expressively Impulsive
- Scale 6A.2 Acting-Out Mechanism
- Scale 6A.3 Interpersonally Irresponsible

#### Scale 6B Forceful

- Scale 6B.1 Interpersonally Abrasive
- Scale 6B.2 Expressively Precipitate
- Scale 6B.3 Isolation Mechanism

#### Scale 7 Conforming

- Scale 7.1 Expressively Disciplined
- Scale 7.2 Interpersonally Respectful
- Scale 7.3 Conscientious Self-Image

#### Scale 8A Oppositional

- Scale 8A.1 Discontented Self-Image
- Scale 8A.2 Expressively Resentful
- Scale 8A.3 Interpersonally Contrary

#### Scale 8B Self-Demeaning

- Scale 8B.1 Cognitively Diffident
- Scale 8B.2 Undeserving Self-Image
- Scale 8B.3 Temperamentally Dysphoric

#### Scale 9 Borderline Tendency

- Scale 9.1 Temperamentally Labile
- Scale 9.2 Cognitively Capricious
- Scale 9.3 Uncertain Self-Image

## ABOUT THE AUTHORS

**Theodore Millon, PhD, DSc**, is a leading personality and developmental theorist, renowned for his APA-award winning work, *The Evolutionary Theory of Personality*. Dr. Millon was the founding editor of the *Journal of Personality Disorders* and past president of the International Society for the Study of Personality Disorders. He has been a full professor at Harvard Medical School and the University of Miami. He is the principal author of the *Millon™ Clinical Inventories* and has written or edited more than 30 books, including *Disorders of Personality: DSM-IV® and Beyond*; *The Millon Inventories: Clinical and Personality Assessment*; and *Personality-Guided Therapy*. Dr. Millon has contributed more than 200 chapters and articles to numerous books and journals in the field. With support from colleagues and Pearson Assessments, he has established the Institute for Advanced Studies in Personology and Psychopathology in Coral Gables, Florida, where he serves as dean.

**Seth Grossman, PsyD**, is Assistant Dean of the Institute for Advanced Studies in Personology and Psychopathology, as well as a research coordinator and practicing psychologist at Florida International University's Counseling and Psychological Services Center. His doctoral dissertation laid the groundwork for the theoretically anchored and contextually integrated Grossman Facet Scales of the MCMI-III test. Dr. Grossman has co-authored over 30 journal articles, book chapters, instruments, and textbooks over the past eight years, and is now frequently lecturing and conducting training workshops on personality assessment and intervention, both nationally and internationally. Currently, he is co-authoring an expansion and reworking of Dr. Millon's therapy model that will be reflected in an upcoming three-volume series on personalized therapy.



The full selection of Millon™ Clinical Inventories is available from Pearson Assessments, including:

- M-PACI™**  
(Millon Pre-Adolescent Clinical Inventory)
- MAPI™**  
(Millon Adolescent Personality Inventory)
- MBMD™**  
(Millon Behavioral Medicine Diagnostic)
- MCCI™**  
(Millon College Counseling Inventory)
- MCMI-III™**  
(Millon Clinical Multiaxial Inventory)
- MIPS® Revised**  
(Millon Index of Personality Styles Revised)

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Clinical Assessment Group  
19500 Bulverde Road  
San Antonio, Texas 78259-3701  
800.627.7271  
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