

# MMPI-2 Computerized Scoring and Interpretation

## Accurate and Complete Scores via the Computer

- Most psychologists use MMPI-2 computerized scoring
  - Time-saving: Rapid results for all MMPI-2 scales and indices
  - Accuracy: Studies show hand scoring introduces errors into MMPI-2 results
  - Ease of scoring for complicated scoring procedures for MMPI-2 scales like VRIN and TRIN
- Psychologists using hand-scoring materials are unlikely to have available all the scales and indices to use in a comprehensive MMPI-2 interpretive strategy.

## MMPI-2 Extended Score Report

- This cost-effective report provides raw and T scores for all standard MMPI-2 scales and a listing of critical items.
- The report includes:
  - Validity and Clinical Scales Profile, K-corrected and non-K-corrected (graph)
  - RC (Restructured Clinical) Scales Profile (graph)
  - Clinical Subscales (reported)
  - Content Scales Profile (graph)
  - Content Component Scales (reported)
  - Supplementary Scales Profile (graph)
  - PSY-5 Scales Profile (reported)
  - Non-gendered T scores and response percentages
  - Critical and Omitted Items

## Computerized MMPI-2 Interpretation

- Many psychologists use MMPI-2 computerized interpretation services
- The Minnesota Reports are the most widely used MMPI-2 interpretive system.
- In use for over 30 years, psychologists can choose from 4 systems:
  - Adult Clinical System
  - Reports for Forensic Settings
  - Revised Personnel System
  - Adolescent Clinical System (MMPI-A)
- Minnesota Reports are kept up-to-date by periodic revisions

## Minnesota Reports for the MMPI-2

- The Minnesota Report is a professional-to-professional consultation about a give client's responses to the MMPI-2.
- It is analogous to an electronic text that is targeted to a client's MMPI-2 responses
- It consists of MMPI-2 profiles, scales, subscales, indices, profile frequency information, critical item responses, and a narrative section based on research support and clinical utility.

## Organization of the Minnesota Reports

- The Minnesota Reports are consistent with well-recognized interpretive strategies found in multiple MMPI-2 texts.
- Scale scores and indices are organized into a comprehensive section.
- The narratives are system-specific. For example, the Adult Clinical System includes the following sections:
  - Profile Validity
  - Symptomatic Patterns
  - Profile Frequency
  - Profile Stability
  - Interpersonal Relations
  - Diagnostic Considerations
  - Treatment Consideration

## How to Use the Minnesota Reports

- The Minnesota Report is a direct communication to a mental health professional trained in the use of the MMPI-2
- The Minnesota Reports provide empirically based descriptors of an individual's personality, symptoms and behavior based solely on his or her responses to MMPI-2 items.
- They are one source of information in a personality assessment to be verified by the trained practitioner using other relevant information.